



RAI JOHNSON, MCAP, MSW
Substance Abuse Director
Lotus House Women's Shelter
Miami, FL



As the Substance Abuse Director, Rai provides direct support to our guests-meeting with each of them individually to implement appropriate interventions in all areas of Substance Abuse Treatment. Rai spearheads the foundation's addiction treatment services for adults, youth, parenting youth and for families, with a commitment to provide intensive outpatient and relapse prevention services in-house, utilizing evidence based treatment modalities in addition to the development of new and innovative treatment perspectives.

Rai provides our guests with daily NA/AA groups, individualized addiction counseling, assessment and treatment planning, sponsorship, smoking cessation therapy intervention and recovery groups by using evidence based practices. Her focus is to treat the whole person, not just the disease of addiction, addressing the integration of the mental, emotional, spiritual, and physical aspects to inspire and motivate change.

She earned her Bachelors of Science with a concentration in Behavioral Health Sciences and Social Work and her Masters in Social Work from Barry University. She possesses over 20 years of experience in the field of Addictions Counseling driven by a mission and desire to help individuals struggling with behavioral health and addiction issues.

Rai has extensive knowledge of community resources and is a member of a broad collaborative network in the area of addiction, homelessness and behavioral health. She has committed herself to volunteering at treatment centers and is a board member of local organizations in Dade and Broward counties. Rai is involved and affiliated with NA World Services and facilitates NA/AA groups and meetings locally and around the state.

Rai joined Lotus House in 2008 as a Health Coordinator and is dedicated to improving the lives of women, youth, and children experiencing homelessness here in Miami.

