PAULO GRAZIANO

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Dr. Graziano is a Professor of Psychology at the Center for Children and Families (CCF) at Florida International University (FIU; at FIU since 2010) and Director of the S.E.L.F.-Regulation Laboratory at FIU. He received his Bachelor's of Science in Psychology from the University of Central Florida in 2002. He received his Ph.D. in Clinical Psychology from the University of North Carolina at Greensboro in 2009.

Dr. Graziano completed two postdoctoral fellowships with the first focused on Child/Pediatric Psychology at the University of Florida (2009-2010) while the second was an Institute of Educational Science (IES) funded position focused on intervention research for children with disruptive behavior disorders (2010-2012).

Dr. Graziano's program of research strives to integrate theory and methods from developmental psychology and neuroscience to examine the development of children's self-regulation skills and how such processes can be applied to the understanding and treatment of ADHD and disruptive behaviors (e.g., conduct problems, callous-unemotional behaviors).

His primary research interest is in clarifying how individual differences in regulatory processes, particularly emotion regulation and executive functioning, contribute to children's adaptive functioning and psychopathology. His secondary research interest focuses on understanding the role of self-regulation in the development of pediatric obesity and weight related outcomes, as well as the overlap between pediatric obesity and disruptive behavior disorders. Within a biopsychosocial framework, his research explores both intrinsic (e.g., child temperament, physiology) and extrinsic (e.g., parenting, peers) factors in the development of self-regulation.

Utilizing a translational approach, Dr. Graziano aims to develop and examine how early intervention (i.e., parenting and summer programs) can target such self-regulation processes and subsequently improve adaptive functioning. Over the last 7 years Dr. Graziano has

developed a partnership with Lotus House, the largest shelter for women and children in the U.S. and has focused on understanding the mental health needs of mothers and children experiencing homelessness and evaluating therapeutic services at the shelter.

Dr. Graziano has published 105 peer reviewed articles and presented over 150 talks and posters at national and international conferences and meetings. His publications have appeared in top clinical psychology journals (*Clinical Psychology Review, Journal of Consulting and Clinical Psychology, Evidence-based Practice in Child & Adolescent Mental Health, Journal of Clinical Child and Adolescent Psychology*), developmental journals (*Child Development, Biological Psychology*), health psychology journals (*International Journal of Obesity, Appetite, Journal of Pediatric Psychology*), and psychiatry/neuroscience journals (*Journal of Child Psychology & Psychiatry, Developmental Neuroscience*).

His work has been supported by over $15 million of grants from both federal agencies (Institute of Educational Sciences, National Institute of Mental Health, National Institute of Diabetes and Digestive Kidney Diseases) as well as local community grants (e.g., The Children's Trust). Clinically, Dr. Graziano is the Director of the Summer Treatment Program for Pre-Kindergarteners (STP-PreK) as well as the CCF's Parent-Child Interaction Therapy (PCIT) clinic providing early intervention services to over 100 families per year.

He is also a Motivational Interviewing trainer who provides clinical supervision to graduate students in the Master's Program in Mental Health Counseling as well as the Clinical Science Ph.D. Program in Child and Adolescent Psychology.